



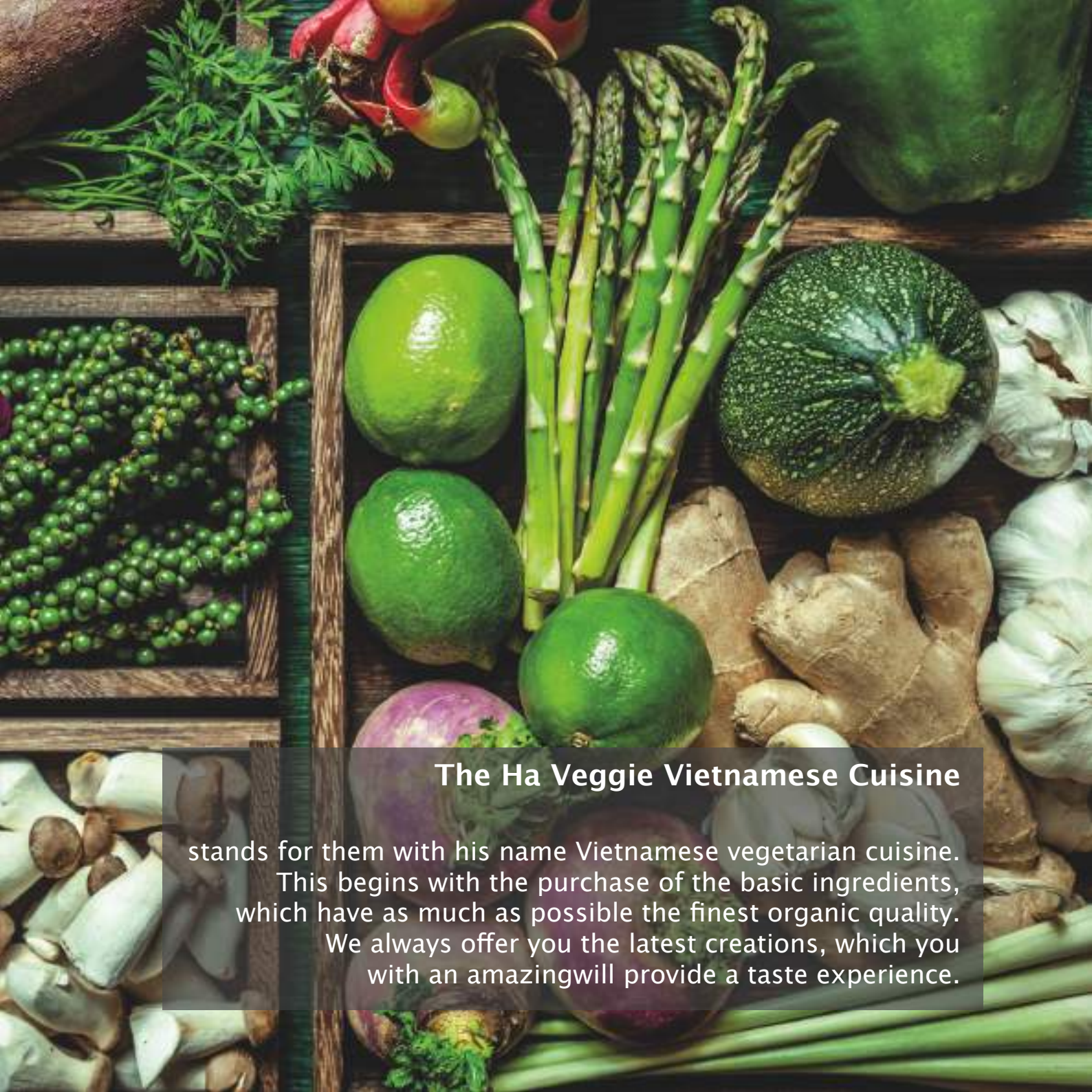
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# VIETNAMESE CUISINE

ENGLISH MENU

We are looking forward to  
welcoming you as our guest  
in our Ha team!





## **The Ha Veggie Vietnamese Cuisine**

stands for them with his name Vietnamese vegetarian cuisine. This begins with the purchase of the basic ingredients, which have as much as possible the finest organic quality. We always offer you the latest creations, which you with an amazing will provide a taste experience.

Vietnamese national dish

# Pho Chay



## Soups

1. **Sup Rau** <sup>f,l</sup> 7,50 €  
Vegetable soup with silky tofu and fresh coriander.
2. **Sup Nuoc Dua** <sup>f</sup> 7,90 €  
Mild coconut soup with silky tofu, mushrooms and lemongrass.

## Noodle soups

### Pho Chay <sup>a,f</sup>

The red tasty flat rice noodles in vegetable broth are in Vietnam as a popular national dish. With the addition of star anise, cinnamon, ginger and grilled onions unfolds this delicately spicy soup. Enriched with organic tofu, seitan, shiitake mushrooms and rich fresh herbs, it is a treat for body, mind and soul.

3. **small** 8,50 €
4. **big** 15,90 €

### Canh Chua <sup>f</sup>

A mild sweet and sour rice noodle soup with organic tofu, pineapple, tamarind, tomatoes and fresh herbs.

5. **small** 8,50 €
6. **big** 15,50 €



# Nom Du Du

Salad recommendation of the house:

# Salads

11. **Nom Du Du** <sup>e</sup> 9,90 €  
Green papaya salad with lime chilli dressing, peanuts and fresh herbs.

12. **Nom Xoai** <sup>e</sup> 8,90 €  
Mango stripe salad with bio-tofu, red onion, peanuts and fresh herbs in a lime and chili dressing.

13. **Avocado Salat** (slightly sharp) 8,90 €  
Fresh bio avocado with diced oranges and bell peppers in homemade lime dressing.

15. **Goi Buoï** <sup>e</sup> 9,50 €  
Pomelo salad with crispy seitan, cucumber, carrot strips, pepperoni, Herbs, peanuts in lime-chilli dressing

20. **Goi Cuon** <sup>e,f</sup> 7,90 €  
Two refreshing summer rolls filled with rice noodles, lettuce and mango strips and Asian herbs, with homemade hoisin sauce, to choose from with:

- a. **marinated bio tofu**
- b. **fresh bio avocado**
- c. **sautéed mushrooms**



## Crunchy appetizers



30. **Nem Chay**<sup>a</sup> (vegan) 6,90 €  
Homemade spring rolls with vegetable filling and sweet and sour dip.

31. **Khoai Lang Chien**<sup>a,c,l,v</sup> 6,90 €  
homemade bio sweet potato fries, served with a slightly spicy dip.

32. **Wan Tan**<sup>a,f</sup> 7,90 €  
Golden dumplings filled with bio tofu, taro and mushrooms, with a sweet and sour dip.

33. **Dau Chien Gion**<sup>a,f,v</sup> 7,50 €  
Crispy silken tofu with peanut sauce.

36. **Tui Bien**<sup>a,c,l,f,v</sup> 6,90 €  
Seabag-seaweed leaves filled with silken tofu, taro, mushrooms - slightly spicy dip

## Grilled appetizers

34. **Nam Nuong**<sup>e,v</sup> 7,90 €  
Grilled king oyster mushrooms with peanuts in coconut milk and peanuts.

35. **La Lot**<sup>f,l</sup> 7,90 €  
Grilled bio tofu, oyster mushrooms and shiitake mushrooms, covered with aromatic betel leaves.





## Steamed appetizers

### 37. Edamame <sup>f</sup>

Steamed soybeans with coarse sea salt.



5,90 €

### 38. Ha cao <sup>l,f</sup>

Steamed dumplings filled with vegetables, with homemade soy-lime dressing.

8,50 €

### 39. Bao <sup>a,e,f,v</sup>

Steamed yeast dough filled with lettuce, herbs, mango strips, peanuts and roasted onions in caramelized sauce, to choose from:

- a) **marinated bio tofu**
- b) **sautéed mushrooms**



6,50 €

6,50 €

## Recommendation of the house:

### Mixed appetizers <sup>(with different dips)</sup>

#### 40. appetizer platter <sup>a,e,f</sup> (from 2 people)

per person 16,90 €

Summer rolls with bio avocado (**Goi Cuon**),

Green papaya salad (**Nom Du Du**),

Grilled bio tofu and mushrooms in betel leaves (**La Lot**)

Dumplings filled with bio tofu, taro and mushrooms (**Wan Tan**)



# Food Culture





# Vietnams



## Rice dishes (vegetarian)

50. **Cari**<sup>1,g</sup> (spicy)  
Vegetables fresh from the market, red curry, sweet potatoes  
in coconut curry sauce, optionally with:
- |    |  |         |
|----|--|---------|
| 1. | <b>Bio-Tofu</b>                                  | 16,90 € |
| 2. | <b>Seitan</b> <sup>a</sup>                       | 16,90 € |
| 3. | <b>Crunchy organic pumpkin</b> <sup>a</sup>      | 17,50 € |
| 4. | <b>Crispy king oyster mushrooms</b> <sup>a</sup> | 17,90 € |
60. **Sot Dau Phong**<sup>a,g</sup> (slightly sharp)  
Steamed vegetables with delicious peanut sauce, optionally with:
- |    |  |         |
|----|--|---------|
| 1. | <b>Bio-Tofu</b>                                  | 16,90 € |
| 2. | <b>Seitan</b> <sup>a</sup>                       | 16,90 € |
| 3. | <b>Crunchy organic pumpkin</b> <sup>a</sup>      | 17,50 € |
| 4. | <b>Crispy king oyster mushrooms</b> <sup>a</sup> | 17,90 € |
70. **Sot Bo**<sup>g</sup>  
Fresh coconut avocado sauce with vegetables, optionally with:
- |    |  |         |
|----|--|---------|
| 1. | <b>Bio-Tofu</b>                                  | 16,90 € |
| 2. | <b>Seitan</b> <sup>a</sup>                       | 16,90 € |
| 3. | <b>Crunchy organic pumpkin</b> <sup>a</sup>      | 17,50 € |
| 4. | <b>Crispy king oyster mushrooms</b> <sup>a</sup> | 17,90 € |
100. **Com Rang**<sup>c,f</sup> 17,90 €  
Fried egg rice with fresh vegetables, organic tofu, roasted onions & coriander.

Recommendation of the house:

# Phu Truc Hap



## Recommendation of the house (vegan)

80. **Dau Sot Ca Chua** <sup>f,i</sup> 16,90 €  
Organic tofu with fresh tomato sauce, celery, spring onions and coriander.
81. **Nam Xao** <sup>f</sup> 18,90 €  
Steamed silken tofu with fried different kinds of mushrooms.
82. **Bi Kho** <sup>a</sup> (slightly sharp) 17,90 €  
Braised seitan with fresh zucchini, bell pepper, lemongrass, shiitake mushrooms.
83. **Dau Hu Kho Thom** <sup>f</sup> 17,90 €  
Spicy marinated organic tofu cubes with pineapple, mushrooms and tomatoes.
84. **Phu Truc Hap** <sup>f</sup> 18,50 €  
Steamed bio tofu with vegetables and mushrooms, wrapped in tofu leaves in shiitake mushroom sauce.
85. **Ca Tim** <sup>f</sup> (slightly sharp) 16,50 €  
Baked bio eggplant in ginger galangal lemongrass sauce with pineapple, sesame.
86. **Bao Ngu** <sup>a,f</sup> 17,90 €  
Fried seitan mock-alone with steamed vegetables.
87. **Bo Sa Ot** <sup>1,a,f</sup> (slightly sharp) 17,50 €  
Fried seitan with market-fresh vegetables, lemongrass, pepperoni.

# Noodle dishes

## Glass noodles

110. **Mien Xao** <sup>a,c,f,v</sup> 17,90 €  
Fried glass noodles with organic tofu, fresh vegetables, coriander and fried onions.

## Flat rice noodles

120. **Pho Xao** <sup>c,e,f,v</sup> 17,90 €  
Flat rice noodles with organic tofu, fresh vegetables, coriander, Fried onions and peanuts.

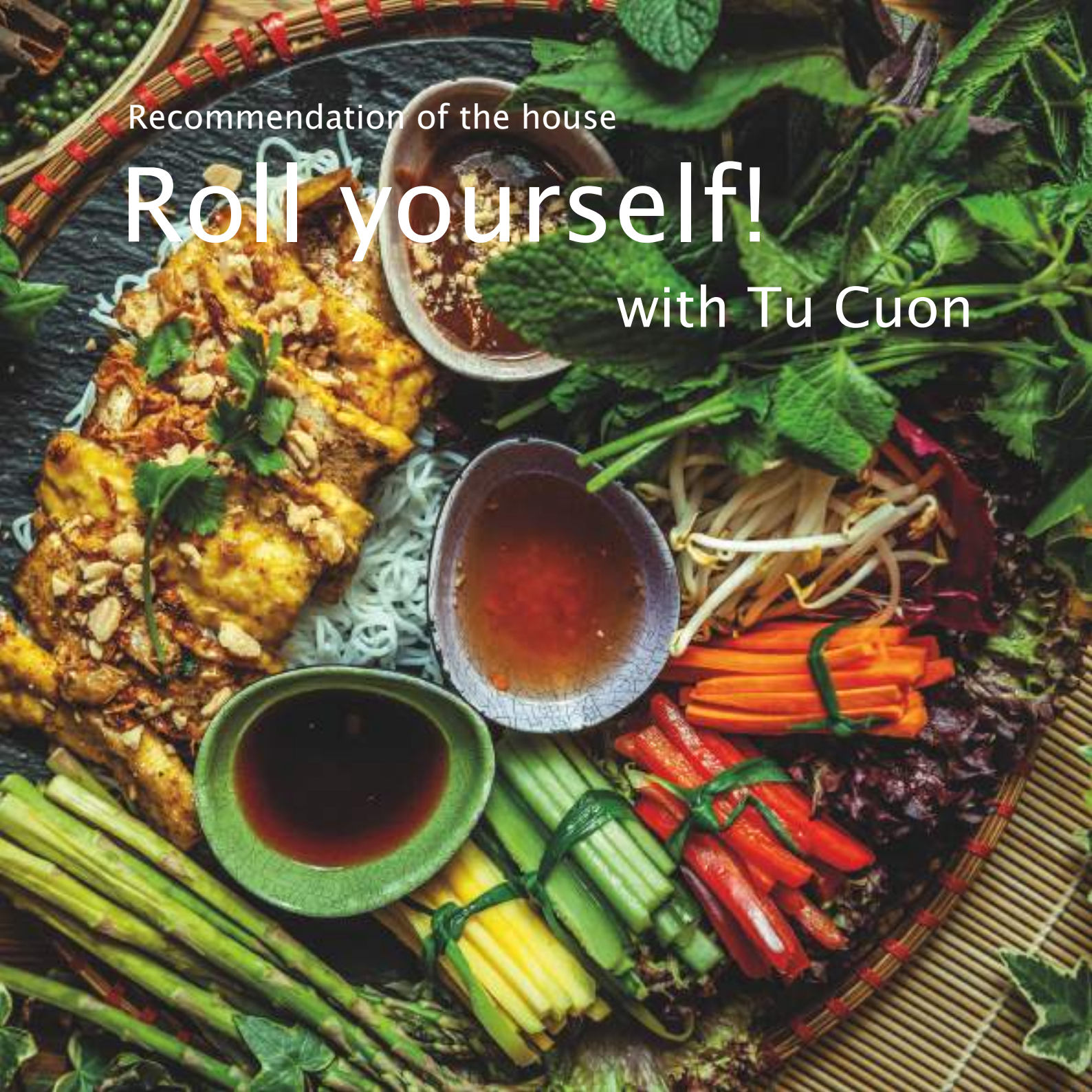
130. **Banh Canh** <sup>a,f,l</sup> (vegan) 17,90 €  
Thick udon noodles with organic tofu, vegetables, fried onions and coriander.

## Rice noodles

### **Bun** <sup>e</sup> (vegan)

Lukewarm rice noodles with lemongrass, lettuce, peanuts and roasted onions, enriched with various fresh herbs and homemade lime dressing, optionally with:

141. **baked organic tofu** <sup>f</sup> (with soja lime dressing) 17,50 €  
142. **vegetarian spring rolls** <sup>a</sup> 17,50 €  
143. **marinated mushrooms** 17,90 €  
144. **grilled bio tofu and mushrooms**, wrapped in aromatic betel leaves <sup>f</sup> 17,90 €  
145. **marinated seitan** <sup>a</sup> 17,50 €



Recommendation of the house

# Roll yourself!

with Tu Cuon



## 500. **Tu Cuon** <sup>d,e,1</sup>

We would be happy to introduce you to the art of summer rolling!

Traditional Asian herbs and salad are served directly at your table and various toppings rolled in rice paper. We also serve you various dips.

We offer you various dips, optionally with:

Wählen Sie bei den Hauptzutaten zwischen:

- |    |  |         |
|----|--|---------|
| 1. | <b>Tofu</b> <sup>f</sup> baked bio-tofu (vegetarian) | 18,90 € |
| 2. | <b>Nam</b> various marinated mushroom                | 19,90 € |
| 3. | <b>Thap Cam</b> <sup>f</sup> (501+502)               | 19,50 € |

## Side dishes for all main dishes

Each main course (except pasta dishes) is served with a portion of jasmine rice.

If required, the following enclosures can also be ordered:

- |      |  |        |
|------|--|--------|
| 401. | <b>cooked rice</b>   | 3,00 € |
| 402. | <b>rice noodle</b>   | 3,00 € |
| 403. | <b>peanut-<sup>e</sup>, curry sauce<sup>2,d</sup> or avocado sauce</b> | 3,00 € |
| 404. | <b>rice paper</b>  | 0,50 € |
| 405. | <b>fresh herb</b>  | 3,00 € |
| 406. | <b>fried noodle<sup>a</sup></b>  | 6,90 € |
| 407. | <b>fried egg rice</b>  | 6,90 € |
| 408. | <b>cooked red rice</b>   | 3,50 € |

Dessert recommendation of the house:

# Banh Dua



## Desserts

- |      |   |        |
|------|---|--------|
| 651. | <b>Homemade Kokos-Panna Cotta</b> <sup>1</sup><br>with mango-passion fruit puree and fresh fruit                                | 6,90 € |
| 652. | <b>Chuoï Chien Kem</b> <sup>1,a,c,g,v</sup><br>Baked bananas with vanilla ice cream and fresh fruit                             | 6,90 € |
| 653. | <b>Kem Che Xanh</b> <sup>1,c,g,v</sup><br>Refreshing green tea ice cream and fresh fruit  | 7,50 € |
| 654. | <b>Banh Khoai Mon</b> <sup>e</sup><br>Steamed taro sticky rice in a banana leaf coating,<br>with coconut milk sauce and peanuts | 7,50 € |
| 655. | <b>Banh Dua</b><br>Coconut balls made from fresh coconut and rice flour   | 6,90 € |



## HA VEGGIE

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### Öffnungszeiten:

Mo - Fr 11:30 - 23:00 Uhr  
Sa, So & Feiertage 12:30 - 23:00 Uhr

### Explanations:

#### Additives:

- 1= with dyes
- 2= preservative
- 3a= with antioxidant
- 3=c affeinated
- 4= quinine
- 5= with flavor enhancer
- 6= with sweetener

v=vegetarian

#### Allergens:

- a = cereals containing gluten
- c = eggs & egg products, almonds, cashew nuts...
- e = peanuts & peanut products
- f = soybeans & soybean products,
- g = milk & milk products
- h = nuts & nut products
- i = celery & celeriac products
- l = sesame seeds & sesame products
- m = sulfur dioxide & sulphites

Card valid from 05.2024.